## The CAGE Questionnaire Adapted to Include Drugs (CAGE-AID)

- 1. Have you felt you ought to cut down on your drinking or drug use?
- 2. Have people annoyed you by criticizing your drinking or drug use?
- 3. Have you felt bad or guilty about your drinking or drug use?
- 4. Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover (eye-opener)?

Score: /4

2/4 or greater = positive CAGE, A consultation is indicated. Contact Bradford Health Services now at 1-888-577-0012. We can help.

Source: Reprinted with permission from the *Wisconsin Medical Journal*. Brown, R.L., and Rounds, L.A. Conjoint screening questionnaires for alcohol and drug abuse. *Wisconsin Medical Journal* 94:135-140, 1995.